

The place for drug + alcohol information www.yourroom.health.nsw.gov.au

A - Z of drugs

- Download and order fact sheets
- · Find help and support
- Information for parents



Interactive tools

- Test your knowledge
- · Alcohol risk assessment
- · Standard drink pouring



To talk to someone call the Alcohol & Drug Information Service ADIS, a 24 hour helpline 9361 8000 (Sydney) or free call 1800 422 599 (for NSW regional callers)



Find your nearest alcohol and other drugs service on Your Service Hub

Using an interactive map Your Service Hub can locate alcohol and drug treatment and support services across NSW.

Visit the Getting Help page on yourroom.health.nsw.gov.au



Your Service Hub also lists services that can support families, partners and friends of people who use substances.



Use the search field to find services for Aboriginal people, LGBTI groups and those from diverse cultures.

